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| **Community Shield**  Dorset Council  | **01305 221000** or email **communityresponse@dorsetcouncil.gov.uk**        | A helpline number for anyone who needs help during the crisis and has no other support network around them. Many people have family, friends, neighbours and access to community groups who can help them to get essential supplies of food and medicines. For those who don’t have this, they should now call **01305 221000**or email **communityresponse@dorsetcouncil.gov.uk**and a member of the team can help them to get what they need.    |
| **Keep in touch group**  | Refresh and the Churches in Weymouth and Portland – Call 07514114680 between 10am and 3pm Monday to Thursday    | Are you stuck at home and need a pint of milk or a few days shopping?  Worried about what to do and need a friend to chat with?   Need a prescription collecting from the pharmacy?  Run out of something essential?  Need someone to walk the dog or take cat to the vets?   *“If you would like an essential food box delivered to your door and you are happy to receive some basic items, we can arrange this for you for a donation of £10.00 £20 or £35.00”*   |